

# ACTIVE ADULTS REALTY

## THE COMPREHENSIVE DELAWARE RIGHTSIZING MASTER-CHECKLIST

*Moving to Delaware isn't just about a new house—it's about choosing a new lifestyle. "Rightsizing" is the process of curating your belongings to fit the life you want to lead, rather than the life you've already lived. Use this long-form guide to navigate your move over the coming months or years.*

### Phase 1: The Strategic Runway

#### Years 5 to 3: The Slow Purge

- The "Storage" Audit:** If a box hasn't been opened since your last move, donate it unopened.

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- Identify Assets:** Research local Delaware estate sale experts and appraisers for high-value antiques.

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- The Paper Project:** Shred old tax returns (older than 7 years) and medical records. Switch to digital billing.

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## Years 2 to 1: The Lifestyle Audit

- Hobby** Will you use heavy equipment, or join a community  
**Assessment:** woodshop/art studio in Delaware?

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- Furniture** Compare your current furniture to Delaware floor  
**Measurement:** plans. Measure the large pieces.

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- The Legacy** Give family a deadline to claim items. If they don't want it,  
**Talk:** let it go.

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RIGHTSIZING: THE ROOM-BY-ROOM DEEP DIVE

## Phase 2: Detailed Room Curation

### The Kitchen: Efficiency First

- Specialty Gadgets:** Donate the bread maker, panini press, and fondue set. Keep what you use weekly.

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- The Plastic Audit:** Recycle containers without lids. Keep 10 high-quality matching sets.

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- Dishware:** Delaware living is often casual. Do you need service for 24, or is 12 sufficient?

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- Pantry Clear-out:** Use up specialty spices and canned goods; don't move "expired" shelf items.

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## The Master Suite & Closets

- The Climate Check:** Donate heavy wool overcoats and formal business suits. Focus on Delaware "layers."

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- The 1-Year Rule:** If it hasn't been worn in a year, it doesn't cross the Delaware border.

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- Linen Purge:** Keep 3 sets of sheets per bed. Donate excess towels to local animal shelters.

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## The Office & Attic

- Digital Memory:** Scan old family photos and children's artwork; move the files, not the paper.

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- Holiday Decor:** Keep only the most meaningful decorations. Your new community likely has grand seasonal events!

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- Hazardous Materials:** Properly dispose of old paint, chemicals, and batteries before the move.

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DELAWARE PARTNERS & RESOURCES

## Local Resources & Moving Partners

When you are ready to start the physical transition, these "boots on the ground" partners in Delaware are here to help.

### Donations with Impact

**Habitat for Humanity ReStore (Lewes):** Great for furniture pick-ups.

**The Way Home (Georgetown):** Accepts clothing and household essentials.

**Safe Haven Animal Sanctuary:** Always in need of towels and linens.

### Estate Sales & Senior Moving Experts

**Caring Transitions of Southern Delaware:** Specialists in "Senior Relocation," estate sales, and floor planning.

**Blue Moon Estate Sales:** Experts in liquidating high-end collectibles and furniture.

### Shredding & Document Security

**Shred Nations (Rehoboth Beach):** Bulk document destruction services.

**UPS Store (Lewes):** Convenient drop-off for smaller shredding projects.

**"Downsizing feels like losing. Rightsizing feels like winning. We are here to help you cross the finish line."**

— Christine & Bill Davis, Active Adults Realty